



Spiritual & Past Life Regressions with Dan Johnson Certified NeuroTransformational Coach Spiritual & Past Life Regressionist

"Inspiration occurs when one's conscious mind gets out of the way of their natural unconscious energy."

--Michael Newton, author of [Life Between Lives](#)

The psyche (soul) naturally works to heal itself. Think about when you get a cut --- your skin then heals. The same is true of your psyche.

A Spiritual Regression is a form of gentle hypnosis that allows you to get **guidance from your soul consciousness regarding a specific issue you face today**. It is similar to a deep guided meditation where images and experiences come to you subtly and where **you are always in control**.

Depending on your own background and circumstances, you may experience one or more of the following during a Spiritual Regression:

- Guidance from your psyche (soul) about something taking place in this lifetime
- Recollection of a past life
- Guidance from one or more of your spirit guides
- Glimpse of a future life
- Conversation or visit with a loved one who has passed over
- The "life between lives" state

Most clients see images, feel sensations, and hear sounds during the regression -- so much so that they sometimes wonder if they are imagining these things. Each person's experience will vary. (Acclaimed Past Life Regressionist and author Dr. Brian Weiss had several regressions before he had what he called the "transcendent experience.")

You will remember much of your experience after the regression. **A recording of the active portion of the regression is provided to assist you with recall of important insights.**

"I can't believe I got so much insight from a Spiritual Regression! It unlocked new ways of addressing my current life situation and brought me comfort as I visited with a loved one who passed away three years ago. THANK YOU!" - T. H.

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Benefits of a Spiritual Regression

Clients report these benefits (and more) from a Spiritual Regression:

- **Better understanding** about a current life challenge or situation, and how to better address that situation in this lifetime
- **Wisdom** from past life experiences that is applicable to the here and now
- **Liberation** from a fear or limiting belief
- **New perspective** on important relationships
- **Letting go of negative emotions**
- **Broader view** of your journey in this lifetime
- **Clearer sense of life purpose**
- **Stronger Mind-Body-Spirit connection**
- **Healing** at the spiritual and emotional levels
- **Calm reassurance** from knowing that you are an eternal being

Things to Note Before Scheduling a Regression:

- The goal of a Spiritual Regression is to access soul consciousness.
- Clients get insight into what they are asking for about 75% of the time. Clients need to be regressed more than once to access soul consciousness about 25% of the time.
- During a regression it may seem to you that you are "making this up." What matters most is that (1) we set the intention to access your soul consciousness and (2) the insight gained from the experience is helpful or healing to you.
- A Spiritual Regression is soul-driven healing work.
- Spiritual Regressions done over Skype or Zoom are highly effective as the client remains in a familiar place (their home). A headset with a microphone is needed for these sessions.
- Plan on 90-120 minutes for the complete Spiritual Regression experience (identifying what you want from the experience, the actual induction and regression process, and discussion of the insights gained from the experience)
- Spiritual Regressions are **not** recommended for people with a dissociative disorder.

To schedule your Spiritual & Past Life Regression, contact:

Dan Johnson, CPC, CNTC

(312) 380-0038

dan@vibrationalintelligence.com

(Dan Johnson's bio can be found on the next page)



Dan Johnson, CPC, CNTC
Certified NeuroTransformational Coach
Spiritual & Past Life Regressionist

Dan Johnson is Founder of Performance Mastery and a Certified Neuro-Transformational Coach specializing in executive and team coaching, leadership development, and talent management. Combining his fascination of neuroscience, energy, and spirituality with his expertise in performance improvement and measurable outcomes, Dan uses neuroscience-based coaching to accelerate measurable outcomes and insight for his clients in large financial institutions, manufacturing, retail, not-for-profit, government, agriculture, and healthcare industries. His client roster includes corporate presidents, executives, healthcare professionals, private detectives, actors, and spiritual leaders.

In addition to Dan's extensive neuroscience-based coaching and training work, Dan works as an Intuitive, Medium, and Spiritual/Past Life Regressionist. He successfully completed Past Life Regression Hypnotherapy Training at Edgar Cayce's Association for Research and Enlightenment (A.R.E.). Dan trained with Edgar Cayce teacher, psychotherapist, hypnotherapist, and Harvard University graduate Peter Woodbury. Dan continued his training in Past Life Regression with Dr. Brian Weiss, author of Many Lives, Many Masters. Dan also is a Third-Year Graduate of the Indianapolis Gestalt Institute.

Dan graduated Phi Beta Kappa with a B.S. from Purdue University in Financial Planning and earned an M.S. from Indiana University in Instructional Systems Technology. His coaching certifications include Certified NeuroTransformational Coach (brain-based coaching) through BeAbove Leadership and Certified Professional Coach through the Institute for Professional Excellence in Coaching. His expertise in coaching groups and teams stems from advanced training from the Center for Right Relationship.



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